



SNAPSHOT: KEY FINDINGS FOR YOUNG PEOPLE

Between August - December 2020, Youth and Family Services consulted with more than 200 young people to find out how COVID-19 has impacted them.

Here is a snapshot of what they had to say...

Top concerns

1. Health of family and friends
2. Own health
3. Education



"COVID has taught me to be resilient. If something like this happens again in the future, I'll know how to face it and move on."



50%



Formed closer relationships with their household

Priorities for COVID Recovery



Youth employment



Building social connections



Mental health support

Key challenges

52%



Say that COVID has negatively impacted their studies

24%



Lost their job or were temporarily stood down

49%



Felt lonely and isolated 'always' or 'often'

34%



Felt sad or depressed 'always' or 'often'

53%



Feel less likely to achieve their future plans and goals

12%



Didn't have access to resources needed for online learning