Employment Bootcamp 2021 What are my employability skills?

How do you demonstrate your skills when you're looking for your first job and don't have any paid work experience?

The good news is we each learn and develop skills through the range of experiences in our lives. Working on a group assignment, managing your study timetable, playing in a sports team or doing volunteer work can all show potential employers that you've got real skills to bring to the job.

HOW TO USE THIS RESOURCE

Below is a list of skills employers may look for when recruiting for entry-level jobs. For each skill, there is a list of examples that may highlight how you have demonstrated your abilities. Select the examples that relate to your life and personal experiences, or add your own.

Team work		Playing in a sports team
		Performing in the school musical or helping out backstage
		Working on a group assignment at school
		Participating in a youth committee at school or in the community
		Taking part in an inter-school competition
		Helping another student with a school task you're good at
		Other
Time management		Submitting all of your school assessments/tasks on time
		Planning how to use your time during online learning
		Prioritising how to study and complete tasks
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	 Having a schedule for your schoolwork, hobbies and other commitments
	☐ Planning a journey to a new location using public transport
	□ Other
Communication	☐ Asking your teacher to clarify something if you're unsure
	☐ Sharing your knowledge of a topic with others
	☐ Writing assignments, letter or emails (formal writing)
	☐ Delivering a verbal presentation (eg: at a school assembly)
	☐ Interacting with someone who speaks a different language
	□ Other
Planning skills	☐ Setting a budget or savings plan
	☐ Using a 'to do' list to manage your school work or other tasks
	☐ Organising a birthday party or other group activity with friends
	☐ Being a part of a group project where you need to divide tasks amongst group members
	☐ Setting a goal and developing a plan to achieve it (for example, training for a half-marathon by building up running distance)
	□ Other
Initiative	☐ Making suggestions to improve something at school or in another group you're a member of
	☐ Seeking feedback from your teachers to improve your marks or a sports coach to improve your performance
	☐ Participating in volunteering or leadership activities
	☐ Going 'above and beyond' with a task to ensure your success (for example, putting in extra effort an a school assignment)

	Identifying opportunities where you can help someone else – in your family, your class or your community
	Other

HOW TO SHOW YOUR EMPLOYABILITY SKILLS

Most importantly, make sure your employability skills are listed on your resume!

You might also like to practice giving examples in a job interview. Use the script below as a guide.

When answering questions in an interview, you should try to use the "STAR" model to describe:

Situation – where the example you are referring to took place

Task – what you were trying to do or achieve

Action – what action you took

Response – what the outcome was

For example:

Interviewer: Can you tell me about a time when you have shown? (choose one of the skills listed in part one above)

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Applicant: Yes, this example relates to when I was (situation)

We were trying to(task)To help achieve this I ...(action)As a result ...(result)

Example answer:

Yes, this example relates to when I joined my local soccer club. We were trying to improve our performance on field as a team, but had a weakness in goal kicking.

To help my team, I volunteered to spend more time on weekends helping my team mates. Goal kicking is a strength of mine, and I thought I could help others to improve their skills. As a result of this extra time and practice, our team finished third in the league and I was made team captain for the following season.